



*“Dr. Cabrera’s honesty and his talent as a surgeon set him apart. His staff is very caring and I always feel very comfortable when I’m there.”*

**—NATALIE RICHMAN,**  
retired psychologist



**PATIENT**

# *Natalie Richman*

**Dr. Rafael C. Cabrera,  
M.D., F.A.C.S.**

**Plastic Surgery Specialists of Boca Raton**

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As a retired family therapist, Natalie Richman, made it a point to always provide a professional environment and appearance.

“Because of my profession, I always cared about how I looked,” she said. “It’s a part of who I am.”

Last year, when she peered in the mirror, Natalie noticed that some of the fullness in her face had been eroded by time and age.

“You couldn’t really see the structure of my jawbone,” said Natalie, 78. “I thought it could just look a little softer.”

After trying fillers and injections, Natalie turned to Dr. Rafael Cabrera, a Board Certified Plastic & Reconstructive Surgeon who

came highly recommended.

“Natalie was showing some of the typical signs of aging in her mid-face and neck,” Dr. Cabrera said.

Dr. Cabrera recommended a cheeklift and necklift to give Natalie the natural looking improvement she was seeking.

Utilizing simple one-pill sedation, the surgery was performed in one of Dr. Cabrera’s four fully-accredited operating rooms. After a comfortable stay in the recovery suite, Natalie returned to the comfort of her own home. Soon after, she was joined by a recovery nurse provided by Dr. Cabrera’s office who spent the first night at Natalie’s Boynton Beach residence.

“Our first concern is always patient safety,” Dr. Cabrera said. “Once safety is assured, then our next priority is comfort.”

For Natalie, the professionalism of Dr. Cabrera’s team is one of the key reasons why she is recommending him to others.

“When you’re in his office, you never feel like a number,” she said.

Dr. Cabrera believes it’s important for patients not to feel as if they’re a burden.

“Our goal to exceed expectations and to ensure a seamless experience for the patient. From our anxiety-free sedation options, to our beautiful fully-accredited surgical facility to the level of care from our staff, we don’t make any compromises.”

The combination of professionalism and Dr. Cabrera’s skill, Natalie said, have given her a total experience she was very pleased with. “They’re very caring and very efficient. I think he does wonderful work,” she said. “I really like what I see in the mirror!”