



**DR. RAFAEL C.  
CABRERA**

## MASTER INJECTOR

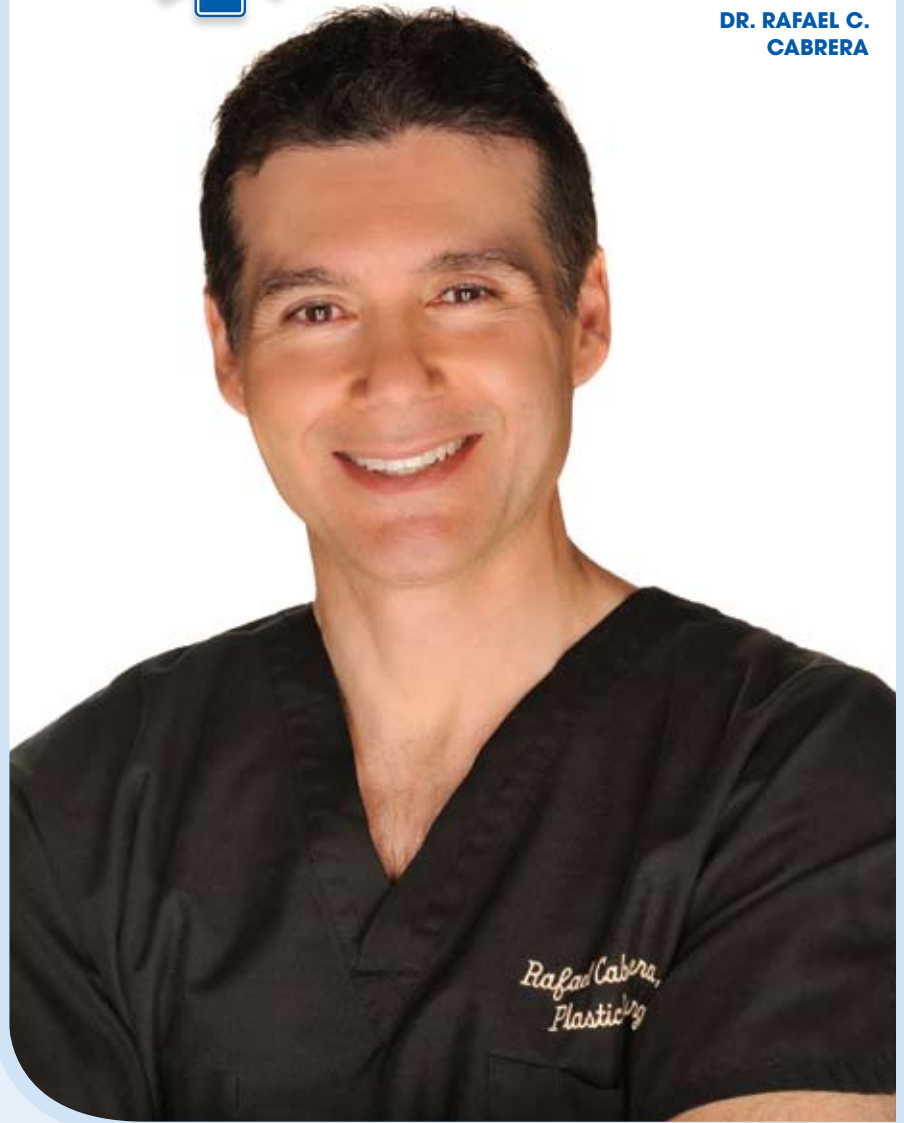
Dr. Rafael C. Cabrera Of Plastic Surgery Specialists Of Boca Raton Makes Hands Look Years Younger

**H**ave you ever met a woman who could easily pass for 10 to 15 years younger than her age, that is, until you see her hands? The hands can easily give away a person's age, especially so if they have had facial rejuvenation—the contrast becomes very noticeable. Unfortunately, our hands tend to be ignored as we slather on the newest anti-aging concoctions and inject fillers in our faces.

"Women (*and men*) tend to focus on fighting the signs of aging on their faces, but often times the hands are overlooked," says Dr. Cabrera. "Second to our faces, our hands are the first areas to show signs of aging."

Unavoidable sun exposure, loss of fat, collagen and elasticity are all contributing factors to the hands appearing bony, wrinkled and spotted. So, what can be done? Well, you could keep your hands in your pockets at the next social event, right? Dr. Rafael C. Cabrera of Plastic Surgery Specialists of Boca Raton has a better solution: Non-invasive Hand Rejuvenation.

"I utilize a combination of dermal fillers, such as Restylane and Radiesse, and an IPL/RF (Intense Pulsed Light and Radio



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Frequency) laser treatment," he explains. The combination of these treatments allows Dr. Cabrera to restore the volume to the hands and improve the texture and pigmentation of the skin.

**Plastic Surgery Specialists of Boca Raton, Rafael C. Cabrera, M.D., FACS,** is located at 951 N.W. 13th St., Suite 4A, Boca Raton. For more information, call **561-393-6400** or visit **pssbocaraton.com**.

This 40 minute treatment provides immediate results with no pain and no downtime. "Patients can resume their normal activities the very next day and results typically last approximately 12 months or more," says Dr. Cabrera.

Known as a "Master Injector," Dr. Cabrera's CV includes a degree with distinction from Cornell University, a medical degree from NYU School of Medicine and post-doctoral training at Manhattan Eye, Ear & Throat Hospital.